



EXPRESSION OF INTEREST

1-DAY PRE-CONFERENCE TRAINING WORKSHOP

HMS ESSENTIAL CARE FOR LABOR AND BIRTH (ECL&B)

In response to midwives' requests for clinical skills training during regional conferences, ICM is facilitating a one-day pre-conference training in the recently released Helping Mothers Survive (HMS) module, Essential Care for Labor and Birth (ECL&B).

Date: Wednesday 11th September

Time: 08h – 18h

Location: Brandberg Room, Safari Court Hotel and Conference Centre,
Corner of Auas and Aviation Streets, Windhoek, Namibia

There is space for up to 40 midwife, nurse/midwife or obstetrician/pediatrician participants.

A team of seven trainers, all experienced midwives and Helping Mothers Survive/Helping Babies Survive Master Trainers will train participants using simulation and printed resources provided by Laerdal Global Health and developed by Jhpiego. This is an interactive, hands-on, small group training, with participants provided time for practice, discussion and role-play.

The international training team consists of eight experienced midwives: two ICM staff, (from Australia and Malawi), three 50, 000 Happy Birthdays Project Managers (from Ethiopia, Rwanda and Tanzania), two Laerdal Global Health and one Jhpiego Technical Specialists (from Sweden, Ethiopia and Tanzania).

The workshop will be conducted in English, and English language training resources will be used. There is no cost to attend the workshop and lunch and refreshments will be provided.

There will be **no payment** of per-diem or other financial support for participants to attend the pre-conference training workshop.

The following participant selection criteria will be used by ICM to ensure that the participant group have the right skill mix and experience to be able to contribute to the training and maximize learning.

ECL&B TRAINING - DESIRED PARTICIPANT CHARACTERISTICS:

1. Clinically or educationally active – working in a health facility or education institution for providers of maternal and newborn healthcare (midwives, nurse/midwives, obstetricians/pediatricians)
2. Partners from National or International Non-Government Organizations leading in providing maternal newborn health training
3. At least 2 years continuous clinical experience since graduation from degree/diploma

4. Registered to attend the ICM Africa Regional Conference (paid conference registration, accommodation, travel, etc) with an **arrival date in Namibia of 10th September 2019**
5. Current HMS/HBS trainer or has previously attended HMS/HBS training in either of the modules (Bleeding after Birth/complete (BAB/C), Preeclampsia and Eclampsia (PEE), Helping Babies Breathe (HBB), Essential Care for Every Baby (ECEB), Essential Care for Small Babies (ECSB)
6. Capacity and willingness to advocate to Midwives Associations (and other health professional Associations) and Governments to implement HMS/HBS training in your home country

The HMS Essential Care for Labor and Birth module covers the following:

- Respectful Maternity Care
- Infection Prevention
- Special Considerations for Normal Labor and Birth (breech, twin, HIV/TB/Syphilis, FGM)
- Rapid Assessment/Quick Check/Danger signs/
- History/Estimating Gestational Age (GA) and Expected Date of Delivery (EDD)
- Abdominal Examination (contractions, fetal presentation, position, descent, FHR)
- Vaginal Examination
- Determine the position of the fetal head
- Classify if normal or not
- Determine if labor is active or not
- Communication and documentation
- Assess progress of first and second stage of labor
- Support labor – encourage to move, drink, eat, use toilet
- Prepare for birth
- Support choice of position for birth
- Immediate care of mother and baby after birth
- Continuation of care for mother and baby (postpartum danger signs, breastfeeding)
- Treat, stabilize and refer for advanced care if not normal

EXPRESS YOUR INTEREST

Please express your interest in attending this pre-conference training day by emailing ICM Midwife Advisor Dr. Florence West f.west@internationalmidwives.org

Please answer how you meet the five desired criteria above.

Please attach a recent CV.

Expressions of interest must be **received by 2nd August 2019**.

Successful participants will be notified by email by **16th August 2019**.

